

EFFECTIVE INDUSTRIAL ERGONOMICS COURSE



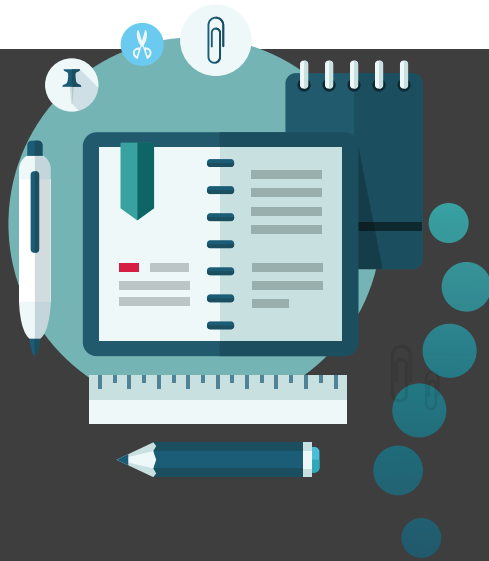
Identifying issues in the workplace that affect **Quality, Productivity, Performance and Profitability**

This course is designed to help people with a wide variety of experiences to identify ergonomic issues in the workplace that affect quality, productivity, performance and profitability.

The accompanying text, included with the course, and the handbook of helpful hints and evaluation tools provide practical assistance to help companies avoid the paralysis of analysis, and to make useful improvements.

It is designed to be hands-on and tailored to a location, then the actual one to three course days will be spent with the group in both the classroom and on the facility floor applying the concepts discussed to actual situations.

*"Integrating people, materials and equipment...
to make companies better!"™*



Course Handbook Includes

- Section 1** Introduction
Ergonomics for Beginners Handbook
- Section 2** Anthropometry
- Section 3** Workstations & Tools
- Section 4** Material Handling
- Section 5** Assessment Tools
- Section 6** Solutions
-Site Assessment Visit Notes
-Ergonomic Task Analysis
- Section 7** Ergonomics Programs & Standards
- Section 8** Resources & References
- Section 9** Biography & Articles
- Section 10** Technology (inside back cover)

Course Sections

- Section 1** Introduction to ergonomics
Anthropometry
Workshop
- Section 2** Risk factors
Workshop
- Section 3** Seated workstations
Standing workstations
Tools
Case studies
Group activity
Workshop
- Section 4** Material handling
Lifting calculators
- Section 5** Operating tasks
Controls & displays
Lighting & glare
Visual tasks
Environmental factors
Overtime work
Shift work
- Section 6** Medical management
- Section 7** Ergonomics Programs
Ergonomics Standards & Rules
- Section 8** Task evaluation & Solutions
- Section 9** Office ergonomics